



DEAR TIP FRIENDS,

IT'S BEEN ANOTHER unparalleled year as TIPNW has navigated to find "normal" in the aftermath of the pandemic. We've seen firsthand that the last several years have weighed heavily upon everyone, but we are proud to report that in the face of adversity, TIP Staff and Volunteers have shown great strength and resilience.

We have seen a record demand for our assistance, and despite these challenges, we have been able to step up and do more for our community than ever before. With increased support from our donors and supporters, we have added one staff position and continue to provide essential emotional support to hundreds of people who have been profoundly affected by crisis, traumatic events and what we call "daily disasters" in people's lives.

As we look back on the past year with pride, we confidently look forward to the coming year. With the aid of our dedicated staff, volunteers, and supporters, we will continue to provide those in need with the emotional and practical support they need and deserve. Our goal is simple yet ambitious: to ensure that no one within our community suffers alone.

At TIPNW, we are "always ready... always there," putting a human touch on crisis.

We thank you for your commitment to our cause and for believing in our mission.

In TIP Spirit,
June Vining,
Executive Director



WHAT IS TIP?

Trauma Intervention Program NW, founded in 1992, is a group of specially trained and thoroughly screened volunteers who provide emotional and practical support to victims of traumatic events and their families in the first few hours following a tragedy.

TIP Volunteers support family members and friends following a suicide, natural or unexpected death; victims of crime; victims of fires; drownings; people involved in motor vehicle accidents; witnesses to crimes and people who are affected by gang and gun violence.

Since TIP is a 501(c)3 nonprofit organization, every generous donation is tax deductible. Services are provided to clients and their families free of charge and are made possible by donations from local government, businesses and individuals.



Local volunteers are trained to respond immediately to a crisis situation **24-hours a day, 365-days a year.** On average, TIP Volunteers respond to 168 calls per month.

THE TIP MISSION

Our volunteers provide emotional first aid to survivors of tragedy in order to ease their immediate suffering and facilitate their healing and long term recovery.

"On that night, my whole life was turned upside down, watching my husband of almost 39 years die right before my eyes, was so traumatic for me. But the TIP Volunteer was right there, so quick and caring. I felt at ease with her, she made me feel so comfortable with her presence. She showed me so much empathy and compassion." - TIP Client

WHO WE ARE...



182

ACTIVE TIP VOLUNTEERS

Active volunteers are prepared, willing and able to respond to scenes of crisis on a moment's notice.



19

TIPTeens [15 high schools]

Teens are trained alongside adult volunteers and primarily respond to homes, schools and hospitals.



40

HOURS PER MONTH

Number of hours each volunteer commits to TIP every month.



95,000

READY-ALERT HOURS

Annual number of hours provided by TIP Volunteers, ready to respond on a 24/7 basis.

"Our greatest joy is when we seek to do good for others.

It is how we are made.

We are wired to be compassionate." $\,$

- DESMOND TUTU



SUMMARY OF REQUESTS IN 2022



3,364 REQUESTS

TIP responds to requests across the Pacific Northwest by offering support in person or by phone.



11,067 HOURS

Hours TIP Volunteers spent on-scene, supporting individuals immediately following a crisis.



2,523 PHONE CALLS

Number of Tele-TIP and 30-Day Follow-Up Calls.



11,515 CLIENTS

TIP Volunteers provided emotional and practical support.

"My TIP Volunteer was a calming presence in a stressful situation. She was able to point me in the right direction when I couldn't even see the next step. She helped my daughters feel not so alone when I was busy with firefighters and Sheriff's Office. TIPNW is a wonderful service that I had no idea existed. I am so appreciative of her help that morning." - TIP Client

SPECIAL REQUESTS IN 2022

552 HOURS

SCHOOL CRISIS RESPONSES

57 school incidents 28 schools received TIP support. across 8 local school districts



375 HOURS

PARTNER AGENCY ASSIST



for community members who helped coordinate, respond and supported summer cooling and winter warming shelters.

1295 community members

1821 phone calls

426 emails sent

298 HOURS

OUTREACH EVENTS

102 TIP Volunteers 90 Outreach events Safety fairs, local events, concert venues



TIPNW BENEFACTORS

Our annual fundraiser, HEROES with HEART was held in October 2022, celebrating 30 years of TIP support in the Pacific Northwest. The event was held at the ilani Casino, and was blessed by leaders of the Cowlitz Indian Tribe.

Executive Director, June Vining, shared heartfelt insights on the TIP skills people can utilize in their own lives, as well recounting what **30 years with TIP** has been like for her personally and professionally.

Attendees enjoyed bidding on both raffle and live items, participating in games, and of course two most adorable TIP Puppies. TIPNW is thrilled to share that this is the **most successful HWH fundraiser to date**, raising over \$100,000.



IN THE NUMBERS



95% FUNDS GO DIRECTLY TO SUPPORTING THE TIP MISSION



43+

USER AGENCIES CALL FOR TIP ACROSS 38 CITIES



GREAT WAYS YOU CAN SUPPORT TIPNW:

- Register to Volunteer
- 2 Donate Financially
- 3 Share the TIP Mission





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TIP STAFF



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AFTER HOURS SUPPORT



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