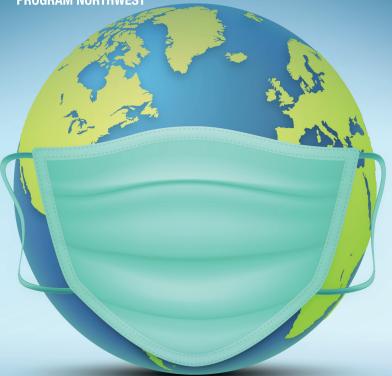


# **Citizens Helping Citizens in Crisis**

TRAUMA INTERVENTION PROGRAM NORTHWEST



**Annual Report 2020** 

# From the **TIPNW Staff**

**2020 – what a year!** Our community experienced a major global health pandemic, protests, and wildfires. TIP Volunteers kept their boots on the ground and their hearts full of compassion. They kept the mission going.

We have been stuck in a moment where we are more separated than ever. We are all constantly choosing sides. Tragedy doesn't pick sides — so neither does TIP. We have helped emergency responders, survivors, and fire evacuees. We continue to provide support to people protesting. TIP Volunteers break down barriers that divide us, by being present and proactive — providing emotional first aid for everyone.



Executive Director, June Vining

In March, we were all affected by COVID. TIP seamlessly adapted to Tele-TIP. What normally took 3 hours face-to-face was now a series of 4-5 phone calls supporting someone. In 2020, we spent over 9,500 hours listening and "being there" for citizens experiencing a crisis/trauma.

This pandemic enabled us to implement a new program. We created a "30-Day Follow-Up Call". This allows our clients time to tell their story to someone who cares after the immediate crisis, when the dust has settled, family is gone, and they are trying to find their way in a new normal.

TIP is what we need now more than ever — people helping people — without judgment or prejudice.

In a year that has turned our world on its axis, we look forward to 2021 where we welcome and support a diverse volunteer group that serves all members of our community. We are gratefult to be of service and to "be there".

In TIP Spirit,

TIPNW Staff June, Jordan, Keri, Dennis and Jami



TIP Staff (L to R): Dennis, Jami, June, Keri and Jordan

### What is **TIP?**



TIP is a group of specially trained citizen volunteers who provide emotional aid and practical support and resources to victims of traumatic events and their families in the first few hours following a tragedy.

#### TIP Volunteers are available 24 hours a day, 365 days a year.

TIP Volunteers are called by the emergency response system (police officers, firefighters, paramedics, hospital personnel and medical examiners) to assist family members and friends following a natural or unexpected death; victims of violent crime; victims of fire; disoriented or lonely elderly persons; people involved in motor vehicle accidents; people who are distraught and seeking immediate support; and survivors of suicide.

Always Ready... Always There.

Mission: Our citizen volunteers provide emotional first aid to survivors of tragedy in order to ease their immediate suffering and facilitate their healing and long term recovery.

# Who We Are



196
ACTIVE
VOLUNTEERS

Volunteers who are prepared, willing and able to respond to scenes of crisis on a moment's notice.



**24**TIP*Teens* FROM
15 SCHOOLS

Teens are trained alongside adult volunteers—primarily responding to homes, schools and hospitals.



**40** HOURS

The number of hours each volunteer commits to TIP every month.



95,000 READY-ALERT HOURS

Hours provided by TIP Volunteers who are ready to respond on a 24/7 basis.



# DURING THE GLOBAL HEALTH PANDEMIC, TIP NW:

- Trained 60 community members to be TIP Volunteers.
- Created and fine-tuned our "Tele-TIP" response; supporting citizens by phone when an in-person response is not possible.
- Implemented a new 30-Day Client Follow-Up program.
- Held our first virtual fundraiser, which allowed even more people to learn about TIP.
- Provided support to those displaced by the Clackamas Wildfires
- Provided support to those who worked in the COVID Emergency Operations Center.

# What We Did in 2020



2,797
SCENES OF TRAGEDY

Locations responded to by a TIP Volunteer.



9,789
HOURS SPENT
SUPPORTING
CLIENTS

Hours spent working with citizens immediately following a crisis.



1,631
CALLS MADE
TO CITIZENS

Tele-TIP and 30-Day Follow-Up Calls.



382
HOURS ON
THE PHONE

Hours spent supporting and listening to citizens.



11,188 CITIZENS SUPPORTED

Citizens provided with emotional and practical support.



# Other Facts: In the Numbers



5 STAFF MEMBERS Day-to-day operations are fulfilled by 5 paid employees and volunteers.



56 VIRTUAL SUPPORT MEETINGS

TIP provided "virtual" support to 56 businesses, government agencies and schools



95%
OF FUNDS GOES
DIRECTLY TO
TIP MISSION

Only 5% of all income goes to administrative costs.



34 SCHOOLS SUPPORTED

34 schools received TIP support in 2020.



35+ USER AGENCIES TIP Volunteers are requested by over 35 User Agencies that cover over 38 cities.

# How You Can **Help**





TIP volunteers supporting the community after the wildfires and at a shelter for displaced citizens.



DONATE
YOUR TIME

Become a TIP Volunteer.
Volunteer Training
Academies are held
at least once a year.



**DONATE**YOUR
CONNECTIONS

Connect TIP with your network of personal and professional supporters.



**DONATE**YOUR TREASURE

All donations are tax-deductible and directly support the TIP Mission.

# Contact TIP



4800 NE 122nd Avenue Portland, OR 97230



503.823.3937



tipstaff@tipnw.org



www.tipnw.org



tipnorthwest



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